



October 28, 2021

Hello,

The time is here! We are excited you will join ***Transformative Leadership in Action: Tuesday, November 2 through Saturday, November 6*** – a week of interactive experiences that offer learning and practice in the Be Present Empowerment Model’s™ three interconnected leadership realms:

- Know Yourself Outside the Distress of Oppression
- Listen to Others in a Conscious and Present State
- Build Effective Relationships and Sustain True Alliances

Please take time to read this letter. It includes logistics and other important information to help you prepare. We look forward to your presence!

CONTACT INFORMATION

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By E-Mail: info@bepresent.org
By Cell Phone or Text: Annie Tobias (404) 423-3265

VIRTUAL SPACE

As we continue to remain physically distant to ensure our collective wellness, we co-create community in the virtual space. We support you to prepare your space for virtual participation. Think about your lighting and background. Have things near you to ensure your comfort – water, food, and snacks. Sessions include meal breaks, and time for stretch and play. We practice self-care and integrate creativity in all that we do. We suggest you give yourself at least 15 minutes before the session begins to transition from what you are doing and enter the Zoom room. We also suggest you give yourself time to transition from the session once we close.

VIRTUAL MEDIA RELEASE FORM

The events will be videotaped, and photos will be taken throughout the events. When logging into the Zoom room each day, you will be presented with the following pop-up message: "This meeting is being recorded: By continuing to be in the meeting, you are consenting to be recorded." Please read the full Media Release Waiver carefully. Entering the virtual room represents approval and acceptance of the waiver (which also includes explicit instructions should you decide later to opt out).

ZOOM CONNECTION INFORMATION | USE FOR ALL EVENTS

Topic: BE PRESENT | Transformative Leadership in Action | November 2-6, 2021

Join Zoom Meeting

<https://us02web.zoom.us/j/81367588944?pwd=clIPUVRBQ1ZHemp1UGtyU3I3dVdzZz09>

Meeting ID: 813 6758 8944

Passcode: action

One tap mobile

+13017158592,,81367588944#,,,,*018712# US (Washington DC)

+13126266799,,81367588944#,,,,*018712# US (Chicago)

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

Meeting ID: 813 6758 8944

Passcode: 018712

Find your local number: <https://us02web.zoom.us/j/81367588944>

COMMUNITY BUILDING SPACE

At the Welcome Gathering on Thursday, November 4, we create a virtual community building space to set the tone for our work together. In this virtual community space, we place a collection of symbols that hold our energy and help us remember who we are when challenging moments emerge. It reminds us that we are creating new moments and actively building a community of trust.

To help prepare, we invite you to **create an area near the location from which you will be joining the Zoom room for our virtual community space**. This could be a table with flowers, a nice cloth, a candle or any other items that you use to create a special area in your home or office. **Please also choose a symbol of something that is significant to you to bring to our workshop**. This symbol can be anything (a physical object, photo, song, story or poem) to be placed physically or symbolically in this space.

If you don't join us Thursday, please bring your symbol to the event you attend. You will have an opportunity to add your symbol to the Community Building Space.

CHILDREN & YOUTH LEARNING & PLAY

Children and youth are full participants in all Be Present training programs. To ensure they have the support they need for additional movement and/or activities when necessary, we ask adults/caregivers to partner with their child/youth to have items in the space that can support their participation. Examples: coloring books, paper, crayons, colored pencils; manipulatives like puzzles that keep hands busy while keeping minds present; a favorite stuffed animal or blanket. *This is also true for adults – so please have what you need to support your participation.*

If you have not already, please let us know if you have children and youth who are attending the events; how many and their ages. Please register them [here](#), along with yourself.

CREATIVITY NIGHT

On Saturday, November 6, beginning at 8:00 p.m. ET and 5:00 p.m. PT, is our Creativity Night, another opportunity to share your learnings and highlights through creative expression. Bring your song, story, reading, dance, drawing, poem, or any creative offering to share with the group. It's also a great night to wear something special if you like.

SCHEDULE OF EVENTS

Board Orientation | Tuesday, November 2

10:00 a.m. – 12:00 p.m. PT | 11:00 a.m. – 1:00 p.m. CT | 1:00 p.m. – 3:00 p.m. ET

Board of Directors Meeting | Tuesday, November 2

4:30 p.m. – 6:30 p.m. PT | 5:30 p.m. – 7:30 p.m. CT | 7:30 p.m. – 9:30 p.m. ET

Board of Directors Meeting | Wednesday, November 3

8:00 a.m. – 2:30 p.m. PT | 9:00 a.m. – 3:30 p.m. CT | 11:00 a.m. – 5:30 p.m. ET

NATIONAL NETWORK TRAINING

Welcome Gathering | Thursday, November 4

4:00 p.m. – 6:30 p.m. PT | 5:00 p.m. – 7:30 p.m. CT | 7:00 p.m. – 9:30 p.m. ET

Training Workshop: Build Effective Relationships For Change | Friday, November 5

8:00 a.m. – 2:00 p.m. PT | 9:00 a.m. – 3:00 p.m. CT | 11:00 a.m. – 5:00 p.m. ET

Training Workshop: Create an Inclusive Movement | Saturday, November 6

8:00 a.m. – 2:00 p.m. PT | 9:00 a.m. – 3:00 p.m. CT | 11:00 a.m. – 5:00 p.m. ET

Evening of Creativity | Saturday, November 7

5:00 p.m. – 7:00 p.m. PT | 6:00 p.m. – 8:00 p.m. CT | 8:00 p.m. – 10:00 p.m. ET

SUPPORT OUR MISSION

We look forward to seeing you in the circle!

In community,
The Be Present National Network Leadership